10939NAT
Certificate II in Self Awareness and Development

Duration
12 day workshop
plus self-paced activities

Entry Requirements
No

Delivery
Blended Learning,
Live Class

Accreditation
This is a nationally recognised qualification

In 10939NAT Certificate II in Self Awareness and Development you can reach your full potential through self-awareness and then use this understanding to prepare yourself for success – in every sense of the word. Participants can expect to be surprised, challenged and occasionally confronted as their prevailing personal beliefs and behaviours are re- aligned with the hallmarks of success.

Who is this for?

10939NAT Certificate II in Self Awareness and Development is ideal for individuals who need to break down the barriers that are holding them back. School students, job seekers and people "at risk" of disengaging from education and employment benefit greatly. The course integrates socio-cultural learning with practical exercises, coaching and problem solving. It enables participants to overcome significant barriers to develop personal commitment and confidence.

Blueprint
Career Development

Step into your future

What You'll Learn

When you finish this course, you'll be able to:

- Transform thinking habits and cultivate creativity
- Connect and communicate with others
- Develop empowering beliefs and habits
- Make informed choices to overcome obstacles
- Deal with fears and challenges
- Create a personal vision, goals and opportunities
- Balance roles and manage own time and energy

Career Opportunities

10939NAT Certificate II in Self Awareness and Development qualification is designed to help people develop the "mindset before the skillset" so it is the perfect partner to industry specific vocational qualifications and a range of career opportunities.

Entry Requirements

There are no entry requirements for this course.

Duration

You have 6 months from course commencement to complete this qualification.

Delivery Options

Check each course option below as not all delivery options apply.

1. Live Class

i) Group workshop with a trainer to support and guide you through activities. Ask us for scheduled course dates at locations convenient to you.

ii) We can also come to your workplace and deliver a customised program to meet your workplace needs (Minimum numbers apply. Contact us to discuss your particular needs).

2. Blended Learning

This is a flexible and efficient way to complete your qualification. It may include live classes, online study, self-paced activities and webinars.

3. Online

The entire course is offered electronically through our Learning Management System. You can begin your online course at any time.

Course Materials

Your learning resources will include:

- Training Manuals
- Resource Library containing document templates, samples, fact sheets and explainer videos
- Access to live and recorded webinars and online discussion forums
- Access to our Learning Management System

You will also be able to access our "Homework Club", tutorials and individual support calls.

Course Outline

To complete this qualification you must demonstrate competency in a total of 12 units. Five of these units are core and there are seven electives. The table below shows the content of our standard program however other electives are available.

Units of Competency		Core/ Elective/Group
NAT10939001	Transform thinking habits	Core
NAT10939002	Identify learning styles and personality profiles to communicate effectively	Core
NAT10939003	Make choices that develop self-esteem	Core
NAT10939004	Develop empowering beliefs and habits	Core
NAT10939005	Deal with fears and challenges	Core
NAT10939006	Cultivate creative thinking	Elective
NAT10939007	Create personal vision and opportunities	Elective
NAT10939008	Clarify purpose and overcome obstacles	Elective
NAT10939009	Define, monitor and reward goals	Elective
NAT10939010	Manage time with balance and self-discipline	Elective
NAT10939011	Build positive relationships	Elective
NAT10939012	Present with positive praise and critique	Elective

Technology Requirements

During your studies, you will need access to the following:

- Computer with compatible, up-to-date operating system
- Printer, scanner and mobile phone
- Current web browser (Chrome, Safari or Firefox)
- Email address and stable Internet connection access
- Microsoft Office - including Word, Excel and PowerPoint
- Adobe reader

Assessment

Assessment is a combination of:

- Written questions
- Case studies
- Practical assessmemt

Further Training Options

If you successfully complete this qualification you could continue your studies in a range of vocational qualifications. These might include but aren't limited to:

SIT20322 Certificate II in Hospitality
SIT30622 Certificate III in Hospitality
BSB30415 Certificate III in Business Administration

Fee Information

Please see our full **Fee Schedule** for information about unit costs (where applicable), RPL fees and Refund Policy.

Live Class	Blended Learning
$1800	$1800

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